



## The history of afternoon tea

In the early 19th century, most people used to eat just two meals each day (breakfast and a late evening meal around 8pm). Anna, the 7th Duchess of Bedford, allegedly moaned of "having that sinking feeling" during the late afternoon and demanded a third meal.

The Duchess began eating snacks of tea and cakes in her bedroom, this then evolved into a social event in more public spaces, paving the way for a splendid ritual of sandwiches, scones and cakes in tea rooms and hotels around England.



# The Keys

Darlington • Yarm • Restaurant • Bar • Nightclub

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# Afternoon Tea



at  
**The Keys**





## The Keys

The Keys is a family run business with restaurants in Yarm and Darlington. We pride ourselves on sourcing the best ingredients from local producers wherever possible and aim to offer excellent food and service at value for money prices.

Situated on the picturesque Georgian High Street, The Keys in Yarm opened in 2002 and has since gained a reputation as a fantastic venue that can be enjoyed by all of the family. From breakfast through to night-time, The Keys has something for everyone.



Originally the Mechanics Institute, this Grade II listed building on Skinnergate was restored to its former glory and reopened as The Keys in late 2014. It has quickly become one of the most popular places to dine in Darlington Town Centre, offering a fantastic selection of food and drink in plush, comfortable surroundings.



## Afternoon tea

From their introduction in 2015, our afternoon teas have become the best-selling items in both venues. They provide a great way to catch up with friends or the perfect treat to celebrate birthdays, baby showers and the like.

You will enjoy a delightful selection of sandwiches, scones and miniature cakes and desserts. Tea and coffee will be served with unlimited refills or upgrades are available if you would prefer a glass of fizz or even a cocktail!

We also offer afternoon tea vouchers  
A gift that is sure to be well received!



## Children's Afternoon tea

Our afternoon teas are not just for the adults, we also offer afternoon tea for the little ones too.

Presented on our Ice Cream Vans or specially themed seasonal stands, our Children's afternoon teas are sure to raise a smile.

