





STARTERS & SHARERS

THE SHARING PLATTER

Choose any 5 of the below & create your own (2 persons) £35 Enjoy as a starter or snack £7.95 each

Morocan Lamb (GF) Spiced Minced Lamb, Moroccan Seasoning, Mango Chutney, Pitta Fingers & Mixed Leaves

> Sesame Crispy Duck Bon Bons Hoision Dip

Loaded Nachos (V) 3 Cheese Blend, Salsa, Sour Cream, Guacamole, Jalapenos ℰ diced Peppers

Sweet Potato, Ham & Cheese Croquettes with Chipotle Mayonnaise

Halloumi Fries (V)/(GF) with Devilled Mayonnaise

Fully Loaded Skins (GF) Bacon, Cheese, BBO & Garlic Sauce

Garlic Mushrooms (V)/(GF) Field Mushrooms, Fresh Garlic in a creamy Tarragon Sauce, Mozzarella Crust & fingers of toasted Sourdough Asian Infused Belly Pork Bites (GF) Crispy Onions & Sweet Chilli Sauce Herb Oil

Scorched Feta Cheese (V)/(GF) with roasted Beetroot & Sea Salt

Salt & Pepper Squid Crispy Coated in Salt N Pepper . Seasoning & Lemon

Tempura Prawns Sweet & Sour Soy Dipping Sauce

Homemade Pigs In Blankets Honey Mustard Dipping Sauce

> Szechuan Noodles with Garlic & Chilli Oil (V)

Crispy Brie Wedges with a Cranberry Dip (V)

Gvozas Japanese pan fried Dumplings with a Chicken & Vegetable Filling

Thai Chilli Crab Cakes (GF) Fettuccini of Vegetables & Malibu Cream Sauce

> **Duck Spring Rolls** Soy & Honey Dip

Currywurst Sliced Bratwurst, Skin on Fries, Curry Sauce & Mayo

Honey Glazed Mini Chorizo Sausages Garlic Toasties

Slow Braised Meatballs Pork & Beef in a rich Ragu Sauce. freshly torn Mozzarella, Chilli & Basil Leaves

> Southern Fried Chicken Fillets with Chipotle Mayonnaise

A selection of our freshly prepared Sandwiches in a choice of White or Wholemeal Bloomer. Served with crisp House Salad. Chunky Chips or Skin On Fries £12.95

Fancy Fish Finger Sandwich Beer Battered Haddock Fillet, Tartare Sauce, Baby Gem Lettuce & Charred Lemon

Crab Mayonnaise Infused with Lemon & Dill & Baby Gem Lettuce

Open Gorgonzola Steak Sandwich (GF)

Flamed strips of Ribeye, Paprika spanish Onions, Gorgonzola Cheese on Chargrilled Sourdough

Mushroomer (V)/(GF) Wild Mushrooms, Field Mushrooms, Spanish Onions, Gorgonzola Sauce on Chargrilled Sourdough

The traditional Italian Bread, freshly baked & served with Crisp Salad, Espresso cup of our Homemade Soup £12.95

> Chicken Bacon & Avocado Grilled Chicken, Smashed Avocado, Vine Tomato, Spiced Mavonnaise & Melted Mozzarella

Roast Pulled Pork, Honey Roast Ham, Pickles, Mayonnaise & Melted

6hr Slow Roasted

Brisket of Beef

with Caramelised Onion & Melted

Brie

Cubano

Emmental Cheese







LUNCH MENU Available Monday – Saturday 12pm – 3pm

BLOOMERS



Club Sandwich

Grilled Chicken Fillet, Bacon, Monterey Jack Cheese sliced Vine Tomato, Gem Lettuce, Chipotle Mayonnaise & Fried Egg

Prawn & Cravfish

Marie Rose Sauce, Cucumber Shard, Baby Gem Lettuce & Charred Lemon

The Ploughmans Honey Baked Ham, Cheddar Cheese, sliced Vine Tomatoes, Chipotle Mayonnaise & Baby Gem Lettuce

OPEN SANDWICHES

Served with crisp House Salad & a choice of Chunky Chips or Skin on Fries £14.95

Open Peppercorn (GF) Flamed strips of Ribeye, sliced field Mushrooms in creamy red Wine Peppercorn Sauce on Chargrilled Sourdough

BBQ Pulled Pork (GF)

Pulled Pork Bourbon BBQ Sauce, Monterev Jack Cheese, Red Slaw on Chargrilled Sourdough

Char Siu Belly Pork (GF)

Pork Belly, Char Siu Sauce, Pickles & Poached Egg on Chargrilled Sourdough

ITALIAN CIABATTA

Tuna Melt

Tuna Chunks, Mayonnaise, Red Onion & Melted 3 Cheese blend

Caprese Grilled Cheese (V) Vine Tomatoes, fresh Basil, Ólive Oil & Balsamic Dressing & melted Mozzarella

Grilled Halloumi (V)

Provencal Vegetables (Onions, Garlic, Peppers, Courgettes, Vine Tomatoes) Melted Brie & Sweet Chilli Sauce



	VOD
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I MENU Saturday 12pm – 3pm	
POTATOES S	
ith House Salad, Red Slaw, real Butter f fillings £9.50	
con Mayo (GF) Prawn & Crayfish (GF)	
eef (GF)	
ese (GF) Chicken Tikka (GF)	
GYROS 😪 😪	
umi served in a Traditional Greek Bread umber Ribbons & Tsatziki, with spiced Garlic dip £14.50	
Grilled Halloumi (V) Brushed with Olive Oil & Garlic	J]
READS	
Oil & fresh Basil, served with Chunky On Fries £14.95	
De MerProvencalSalmon, Capers, ted Mackerel, RedChargrilled Provencal Vegetables, Olives, Brie & Onion Chutney (V)Cream CheeseOlives, Brie & Onion Chutney (V)	
sed Meatballs Tomatoes, torn hillis & fresh Basil	
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T H E ALL D DAY ME N U THE ALL Available from 12pm -WRAPS PARM Kite All of our wraps are prepared fresh and served with Crisp House Salad, The Teessiders Choice - All served wi Chunky Chips or Skin On Fries £12.50 Mavo. Chunky Ch Cajun Chicken Grilled Halloumi (V) Southern Fried Chicken Classic Chicken Parmesan Pork Pa Southern Fried coated Chicken Chargrilled Strips of Cajun marinated with Sweet Red Peppers, Sunblus-Original Chicken Parmo Pork Parmes Chicken Fillets, Mixed Peppers, Red hed Tomatoes, Pesto & Baby Gem Fillets, Sriracha Mayonnaise, sliced topped with Bechamel Sauce Bechamel Sa Onions, Salsa, Sour Cream & Baby Lettuce & Cheddar Cheese Vine Tomatoes & Baby Gem Lettuce Chedd Gem Lettuce (S) £12.95 (L) £16.50 (S) £12.9 BBQ Bacon & Cheese Flaming Hot Bacon, Blue Cheese Southern fried Chicken Fillets, Bacon, Chilli infused Chicken Fillets, & Caramelised Onion sliced Vine Tomato, Monterey Jack Jalapenos, sliced Vine Tomatoes, hot Pork or Chicken, topped Cheese, BBQ Sauce & Baby Gem Chilli Sauce & Baby Gem Lettuce with Bacon, Blue Cheese Lettuce & Caramelised Onion (S) £13.95 (L) £16.50 THE NOURISH BOWL With mixed seasonal Leaves, Rainbow Vegetables, Baby Spinach, Kale, Sundried Tomatoes, ΡA Sesame Seeds, Micro Herbs, Sourdough, Croutons, Honev & Mustard Dressing & choice of topping £14.50 or £2 suppliment for Sirloin Fresh Pasta dishes all serv Chargrilled Halloumi (V)/(GF) Grilled Chicken (GF) Goats Cheese (V)/(GF) Tagliatelle Carbonara (GF) Penne Arral with Pancetta, Field Mushrooms, with Chicken, Cajun, Garlic, Peppered, Tandoori or Plain Garlic, in a Creamy Black Pepper & Chillis & Or Parmesan Sauce Toma King Prawn (GF) Rib Eye Strips (GF) Garlic, Sriracha or Lemon Glazed Peppered, Cajun or Plain PAN VEGAN DISHES CRISPY SWEET CHILLI SALA Tantalize your taste buds with our hand picked selection of Delicious Vegan Dishes with Sesame Seeds, Soy, Sweet Chilli Dressing, J Choose your Chilli & Avocado Moroccan Vegetable Aubergine Katsu Crispy Beef Crispy Chicken Sweet Potato Tagine Crispy Aubergine Fillets, sticky £15.95 £15.95 Lemon & Herb Couscous, Vegan Flat Served with Coconut Yoghurt Coconut Rice, Wok Roasted Bread & fresh Coriander Vegetables, Bean Sprouts, Chillis, £13.95 SZECHUA Spring Onions & Katsu Sauce £15.95 Spicy Homemade Noodles with G £14.95 Cabbage & Spring Onions Peppered Beef **King Prawns** £15.95 £15.95

DAY MENU 8pm Monday - Saturday	0
E S A N S 😪	96
th crispy House Salad, Red Slaw, Garlic ips Or Skin On Fries	
ArmesanHot Shot Parmesanan, topped with auce & Melted ar CheesePork or Chicken, topped with Spicy Chorizo, Red Onior Peppers, Jalapenos, Sriracha Sauce & Garlic Oil (S) £13.95 (L) £16.50TandooriPork or Chicken, Jalapenos, Red 	
Chicken Pieces & Garlic Oil (S) £13.95 (L) £16.50	
STA 🗧	1 <u>98</u>
ed with Garlic Bread £14.95 biata (GF)/(V) Penne Al Fredo (GF) Garlic, Pepperoni nions in Spicy to Sauce Basil	
ASIAN	
D or STIR FRIED ASIAN SALAD	
inished with fine Egg Noodles & Prawn Crackers - topping below	
Char Siu PorkTempura Prawn£15.95£15.95	ns
N NOODLES Farlic, Chilli , Soy, Carrots, Peppers, - Choose your topping below Grilled Chicken Honey Glazed	L
£15.95 Shredded Porl) Je Oso
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FROM THE SEA

Indulge in a tantalizing array of oceanic delicacies, with this mouth-watering selection of dishes straight from the sea

Moules et Frites (GF) with a White Wine Cream & Garlic Sauce or Chilli & Tomato Sauce & Crusty Dipping Bread £ 14.50

Wholetail Scampi with Chunky Chips, Garden Peas & Homemade Tartare Sauce

£14.95

King Prawn Chorizo & Pea Risotto (GF) with Parmesan Shards £16.95

Pan Fried Salmon (GF) with Prawn, Spring Onion &

Asparagus Risotto, with a Citrus & Sov Glaze £19.95

Haddock Fillet (GF) Beer Battered or Breaded with Lemon Parslev Butter, served with Chunky Chips, Mushy Peas & Homemade Tartare Sauce

£15.95

Gamberoni Alla Crema (GF) Pan fried King Prawns in a Garlic Buttery Cream Sauce, served with Rice or fresh ribbons of Pasta & Grilled Focaccia Bread £17.95

Seafood Paella Prawns, Clams, Mussels, Calamari, Charred Lemon, Tomato Bread & Green Salad (for 1) £ 15.95 (for 2) £27.95



with a Pesto Crumb, Spring Onion Mash, Caper Lemon & Dill Butter Sauce & Tenderstem Broccoli £17.95

Seabass & Prawn (GF) Crispy Seared Seabass Fillet on a bed

of Asian Fried Vegetables, King Prawns & Teriyaki Sauce

£20.50

Gamberoni Alla Basara King Prawns in a Tomato Chilli &

Garlic Sauce, Crusty Dipping Bread & Mixed Leaf Salad

(for 1) £17.95 (for 2) £29.95



THE KEYS SPECIALS

Tantalize your taste buds with our hand picked selection of Delicious Specials

Langoustines Con Pollo (GF)

£19.95

Sticky Pork (GF) Honey Crusted Fillet of Pork with Crushed Potatoes & Tenderstem Broccoli

£17.95

Beef Stroganoff (GF)

Strips of Rib Eye in a Sour Cream,

Mushroom & Mustard Sauce with

either Buttered Noodles, Smashed

Potatoes or Pilau Rice

£19.95

fried with Field Mushrooms, Onions & Garlic in a White Wine Basil Cream Sauce served with Rice ℰ Greens

Chicken Fillet & King Prawns pan Pan fried in Butter, Served on a bed of Creamy Mashed Potato, Red slaw & a choice of Peppercorn. Diane or

Bacon & Stilton Sauce £16.95

Supreme Of Chicken (GF)

Served with Rice, Prawn Crackers, Garlic Flatbread, with a choice of Chicken, King Prawn or Tempura Vegetables

£16.95





1Ooz Sirloin (GF) with Vine Tomatoes, Onion Rings, Field Mushrooms, House Salad & Chunky Chips or Skin on Fries

Chargrilled & Marinated in a Sticky Soy, Garlic & Honey Marinade with a choice of 2 Sides £15.95

Chilli Chicken (GF) Juicy Chicken, Red Onions, Mixed Peppers & Sweet Chilli **Dipping Sauce**

Salmon & Prawn (GF) Medallions of Salmon, King Prawns, Mixed Peppers, Onions, Fresh Chillis, Charred Lemon, Crispy Seaweed & Lemon Chipotle Mayonnaise Dipping Sauce



All served with fried onions. Baby Gem Lettuce. Pickles. Sliced Tomato. Burger Relish in a toasted Bun & Chunky Chips or Skin on Fries with a choice of Cheese – Cheddar, Brie, Stilton or Mozzarella £15.50

8oz Beef Pattie 100% Minced Steak 6oz Southern Fried Chicken Burger

> Spicy Bean Burger (V)

Extra Toppings £1.50

Pulled Pork

Crispy Bacon



Thai Red Curry (GF)



OFF THE GRILL



Chargrilled to your liking, please let your server know

£36

SKEWERS

Sticky Pork (GF) Pork Fillet, Green Pepper, Onions, Field Mushrooms & Bourbon BBQ Dipping Sauce

HOMEMADE BURGERS

6 oz Spicy Zinger Burger Chicken Fillet in our Spicy Seasoning

Fried Egg (V)

Mexicano (V) Guacamole, Salsa, Jalapeno, Sour Cream

6oz Piri Piri

Chicken Burger

Marinated in Hot Piri Piri

Seasoning

o T	HEALL	DAY Menday Saturday				
SIDES		Available from 12pm – 8pm Monday - Saturday SIDES Fancy something extra £4.95				
Chunky Chips (V)	Skin on Fries (V)	Sweet Potato Fries (V)	Cajun Spiced Potato Wedges (V) with BBQ Sauce			
Honey Chilli & Sesame Chips (V)	Potato Skins (V) with BBQ or Garlic Dip	Greek Salad (V)	Pilau Rice (V)			
Beer Battered Onions Rings (V)	Sriracha Halloumi Fries (V)	Olives 양 Sunblushed Tomatoes (V)	Corn on the Cob (V)			
Chorizo Mac ど Cheese			Lemon 양 Herb Couscous (V)			
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